

Dear [parent]

I am writing to inform you that we will be making changes to your child's repeat prescription for desmopressin nasal spray. This is because we are being advised that children with nocturnal enuresis (bedwetting) should be moved from desmopressin nasal sprays to an oral form, which contains the same medicine as the spray to help prevent bed wetting. Desmopressin is available in standard tablets or as a "melt" preparation which dissolves quickly in the mouth.

This change is happening because although the spray rarely causes any problems, oral formulations are considered to be even safer. Children who have been using desmopressin nasal spray successfully are unlikely to have any problem moving to oral formulations.

If you require a further prescription, please make an appointment for your child to see me [or practice nurse or practice pharmacist] before your current supply runs out. **Your child can continue to use any spray you have left between now and the appointment.**

If you have any concerns or would like to discuss this matter with me [or practice nurse or practice pharmacist], please make an appointment.

Yours sincerely

Dr