



RECORDING PROGRESS



Name	Medication
Doctor's or Nurse's name	Dose

WEEK 1

	Time taken	Wet Night	Dry Night	If wet? - time	If wet, is patch large or small?
MON					
TUES					
WED					
THURS					
FRI					
SAT					
SUN					

WEEK 2

	Time taken	Wet Night	Dry Night	If wet? - time	If wet, is patch large or small?
MON					
TUES					
WED					
THURS					
FRI					
SAT					
SUN					

WEEK 3

	Time taken	Wet Night	Dry Night	If wet? - time	If wet, is patch large or small?
MON					
TUES					
WED					
THURS					
FRI					
SAT					
SUN					

WEEK 4

	Time taken	Wet Night	Dry Night	If wet? - time	If wet, is patch large or small?
MON					
TUES					
WED					
THURS					
FRI					
SAT					
SUN					

REMEMBER

- If you have any problems with your treatment, ask the Nurse or Doctor for advice.
- Take your medicine just before going to bed.
- Drink normally during the day, but avoid fizzy drinks, coffee, tea or hot chocolate during the evening.
- Have a torch or lamp by your bed, to make toilet visits easy at night.

